



Clayton Sleep Institute

Maplewood | Des Peres
2531 S. Big Bend Blvd. | 2705 Dougherty Ferry Rd.
St. Louis, MO 63143 | St. Louis, MO 63122
314.645.5855 | 314.835.9921

Anita Hopkin

Director of Patient Care

Anita Hopkin has been a core member of the Clayton Sleep Institute team since its inception in 2002. She has served the organization in various managerial and supervisory capacities, including infrastructure development for both systems and human resources and as a sleep educator. She now leads CSI's vital Patient Care program.

Ms. Hopkin has broad experience in healthcare in hospital and sleep clinic settings. Prior to her training as a sleep technologist she was trained and worked as an ECG and EEG technician at St. Anthony's Regional Medical Center and at Cardinal Glennon Children's Hospital. While at Cardinal Glennon she trained as a sleep technologist and then moved to Jefferson Regional Medical Center (then Jefferson Memorial Hospital) to work in and manage their sleep laboratory.

As Director of Patient Care for CSI, Ms. Hopkin develops and manages programs for the coordination of patient care in the CSI clinics and manages CSI's sleep education programs. She participates in forums and health fairs on sleep medicine and disorders and serves as a spokesperson for CSI in public venues.

Ms. Hopkin is a registered polysomnographic technologist and trained for two years toward a degree in nursing. She has the distinction of being one of the earliest registered sleep technologists and has worked in the field of sleep medicine for 28 years.